

DEPARTMENT OF ZOOLOGY
GURU GHASIDAS VISHWAVIDYALAYA, BILASPUR



Introduces
**VEDIC WISDOM
&
LIFE SKILLS**

Value added Course

(For all registered regular students enrolled
for any course in GGV)

HIGHLIGHTS

- ✓ **Personality Development**
- ✓ **Life Management Skills**
- ✓ **Rekindling Vedic Wisdom**
- ✓ **2 Credit Course**

Register Now

COURSE FEE : RS. 2000
(30 hour 2 credit course, includes
Books and Study Materials)

COURSE COORDINATOR

Dr. Rohit Seth
(Associate Professor of Zoology, GGV)



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SCAN TO PAY



Please put Course Name i.e. "Vedic Wisdom
and Life Skills" as Remarks during Fee Payment

Vedic Wisdom & Life Skills

A Value Added Course

(Minimum 30 hours / 2 credit Course)

- **Department:** Zoology
- **Name of the Course:** Vedic wisdom and life skills
- **Nature of Course:** Value-Added Course
- **Mode of Course:** Offline
- **Number of Seats:** No limit
- **Eligibility Criteria for Admission:** All registered regular students enrolled for any course in GGV

Introduction and relevance of the course:

Objectives of the course:

Learning outcome of the course: After successful completion of the course, the students will understand the fundamental principles imbibed in our rich Vedic wisdom and effectively apply this knowledge in their daily lives. Students will also learn the importance of Human values & Ethics and apply the same in their personality development.

Number of lectures:	15 (One lecture of 2hr every week)
Number of practical's :	Practical assignments will be given towards the end of this course
Syllabus:	Annexure I
Suggestive Readings:	Annexure I
Course Coordinator (Name & Designation)	Dr. Rohit Seth, Associate Professor of Zoology, GGV
Evaluation Criteria:	Continuous & progressive evaluation
Exam format:	Multiple Choice Questions & Assignment
Fee for the Course:	Rs. 2000/- per student (includes study material & books)

Module(s) & Content	Contact Hours
<p>Module 1: Vedic Wisdom</p> <ul style="list-style-type: none"> • Historical perspective • Actual process of acquiring Vedic knowledge • Relevance of this study in modern times 	4
<p>Module 2: Discover your inner self</p> <ul style="list-style-type: none"> • Science of the soul – Who am I? • Evidence of soul’s existence • Law of karma – why do bad things happen to good people? 	4
<p>Module 3: Mastermind behind the mysterious universe</p> <ul style="list-style-type: none"> • God – Evidence from Shastras • God or Gods – One God or many gods? • Aim of life – to love and serve. 	4
<p>Module 4: Life skills</p> <ul style="list-style-type: none"> • Mind – Friend or Enemy? • Meditation – Art of conquering restless mind • Power of Habits – Addictions • Time Management • How to study effectively 	8
<p>Module 5: Behavioral Science</p> <ul style="list-style-type: none"> • Modes of nature – Goodness, Passion, and Ignorance • Family relationships and friendship – Role of an ideal - father, mother, son, daughter, friend, etc. • Courage and consideration – maintaining a balanced lifestyle • Ethics – Honesty, morality, and integrity • The 7 habits of highly effective people 	10

References:

- Bhagavad Gita – *as it is* by HDG A.C. Bhaktivedanta Swami Prabhupada, Founder-Acharya of ISKCON
- Basics of Bhagavad Gita – a thematic study of Bhagavad Gita by HDG A.C. Bhaktivedanta Swami Prabhupada
- The 7 Habits of Highly Effective People – by Stephen R Covey
- Recommendation: www.futurelearn.com/courses/improving-study-techniques by University of Groningen (Free Course)

Assessment of the Value-added Courses

Continuous & progressive evaluation of the students will be performed on the basis of Quizzes, Multiple Choice Questions & Assignments. The Question Papers will be framed to test different levels of learning based on Bloom's taxonomy viz. Knowledge, Comprehension, Application, Analysis, Synthesis, and Evaluation/Creativity.

Mode of Fee Payment:

For payment of course fees, students can visit our website i.e. <https://ggu.ac.in/> or [Click here](#) to get redirected directly to the payment website. Course fee is Rs. 2000/- per student (includes study material & books).

Note: Students need to put course name i.e. "Vedic wisdom & life skills" as remarks during fee payment.

Passing Requirement and Grading

The passing requirement for value-added courses shall be 50% of the marks prescribed for the course. While a minimum of 40% marks in the terminal examination is essential, there is no passing minimum for internal assessment. A student shall be declared to have passed the course if he/she secures not less than 40% marks in the terminal examination and not less than 50% marks in aggregate taking Internal and End course Examination marks together. A candidate who has not secured a minimum of 50% of marks in a course (Internal + End course) shall reappear for the course in the next session with the prescribed fee.

Examinations

S. No.	Paper	Internal assessment (Formative)	Terminal Examination (based on Bloom's taxonomy)
1	Paper-I – Theory	20	30
2	Paper-II – Practical	20	30
3	Seminar/viva-voce examination/project report	50	
4	Total	90	60

Certificates will be issued to the candidates on successful completion of the course